Depth Psychotherapy Learning Community

You are invited to a learning community-based program designed for new and seasoned clinicians alike to gain support, mentoring, consultation, supervision, and collaborative group discussion reflecting on ourselves, our work, and on working with clients from a depth psychology perspective. Each month we'll have an area of focus to explore our work, ourselves, and our relationship to our work. At the beginning of the month, we'll have a didactic presentation and discussion on the topic. The second meeting of the month will be focused on further reflections on the topic with applications to specific cases consultations.

Rather than focusing on difficult or problematic clients or situations in typical consultations, we'll focus on our work holistically with an emphasis on ourselves and our relationship to our work in relationship to the larger world then zooming in to specific case examples.

Community members are welcome to join in person or over Zoom with an 8-week seasonal commitment. The group will be hybrid in-person and online to accommodate for differing needs, locations, and travel.

Fall Offerings

Community Forming - Beginning a New Cycle Our Clients Need to Grow and Evolve - So Do We September - 11th & 25th, 2023

No Bad Intervention - Only Poor Timing October - 9th & 23rd, 2023

The Therapeutic Relationship - Creating Healthy Containment for Depth Process November - 6th & 20th, 2023

Systemic, Archetypal, and Symbolic Orientation to the Therapeutic Process December - 4th & 18th, 2023

Spring Offerings

It's Okay Not to Know - Working with the Unknown Intentionally in Therapy February 12th & 26th, 2024

Life as an Initiation - Working with Client Issues as a Rite of Passage March 11th & 25th, 2024

Collaborating with Nature in the Therapeutic Process April 8th & 22nd, 2024

Blinded by the Light - Working with the Grandiosity of Clients, Ourselves, and the System May 6th & 20th, 2024

For more details and topic descriptions visit: bit.ly/ILA-DPLC or scan QR below



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