

# Chuck Hancock, LPC, EMDR II

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## Relevant Education

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M.Ed. in Education and Human Resource Studies, Spring 2010

**Counseling and Career Development** Specialization, CACREP Accredited

Colorado State University, Fort Collins, CO

Relevant Course Work - Individual & Group Guidance and Counseling, Advanced Individual Counseling, Career Development Counseling, Assessment, Solution Focused Brief Therapy, Independent Study: Using Mindfulness in Mental Health and Career Counseling.

Post-Master's Externship - Ongoing training with Process Group seminar and Diversity Seminar.

Comprehensive Training in **Hakomi Method of Experiential Psychotherapy**, June 2011

Hakomi Institute, Boulder, CO

Two-year training (320 hours) in mindfulness-based somatic psychotherapy.

Teaching Assistant for four years in the 2011-2013 and 2013-2015 cohorts.

**MAPS Therapist Training Program**, April 2016 - April 2017

Preparation for Phase 3 FDA Approved Trial for MDMA assisted psychotherapy for treating PTSD

14-hour online course, two 7 day in-person trainings, and Independent Study.

**MAPS Consultant/Supervision Training**, Fall 2022

Approved to be Associate Consultant/Supervisor for therapists seeking training in MDMA assisted psychotherapy.

**Vision Fast Guide Training** - School of Lost Borders, Fall 2016

Training for leading solo fasts in remote wilderness including candidate selection, preparation, shaping and confirming of intention for the work, guiding throughout the process, listening and mirroring meaning, and assisting with reintegration.

**Certificate Program in Jungian Studies For Clinicians**, C.G. Jung Society of Los Angeles, September 2021 - June 2022

Introduction to Ketamine-Assisted Psychotherapy: Principles and Practice

Intermediate Workshop on Ketamine-Assisted Psychotherapy: Clinical Issues Part 1

Intermediate Workshop on Ketamine-Assisted Psychotherapy: Clinical Issues Part 2

Advanced Workshop: Special Topics in Ketamine-Assisted Psychotherapy

Polaris Insight Center, Spring 2021

B.S. in Computer Science with **University Honors**, Summer 2000

University of North Florida, Jacksonville, FL

## Relevant Work Experience

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### **Inner Life Adventures, LLC, Counselor/Owner, Fort Collins, CO**

Summer 2010 - Present

Provide experiential mindfulness-based mental health counseling and psychotherapy services to Northern Colorado for individuals, couples, and groups.

- Provide assessment, psychotherapy, and integrative treatment planning with psychiatric and other community partners for a wide range of mental health issues, including depression, anxiety, trauma, suicidality, relationship issues, substance abuse, process addiction, bipolar, and more.
- Develop individualized treatment plans incorporating biological, behavioral, cognitive, humanistic, sociocultural interventions based on client's background, environment, and need.
- Document and monitor ongoing progress through weekly homework assignments to reinforce and provide practice for new behaviors explored in session.
- Facilitate therapy groups for adults and adolescents, including elements of psycho-education, interpersonal process, and experiential interventions.
- Provide supervision for pre-licensed clinicians utilizing a combination of strengths-based, developmental, experiential, role-play, and psychodynamic interventions.

### **Reconnecting to Our Nature, LLC, Owner/Facilitator, Fort Collins, CO**

Summer 2017 - Present

Provide experiential nature-based coaching, ritual, ceremony, and rites-of-passage facilitation.

### **Wholeness Center Research, Clinical Sub-Investigator/Co-Therapist, Fort Collins, CO**

Summer 2017 - Summer 2021

Perform clinical research for Phase 2/3 MDMA-assisted psychotherapy with MAPS/MPBC including recruitment, screening, informed consent, psychotherapy, preparation, integration, and experimental sessions with the administration of study drug.

Phase 2: Open Label Multi-Site Study of Safety and Effects of MDMA-assisted Psychotherapy for Treatment of PTSD (NCT03282123) and Phase 3: Multi-Site Phase 3 Study of MDMA-Assisted Psychotherapy for PTSD (NCT03537014)

### **University of Colorado Health, Licensed Behavioral Health Specialist, Fort Collins, CO**

Fall 2014 - Winter 2016

Provide emergency room triage, assessment, crisis intervention, treatment, resource information, referral, education, brief therapy, utilization, and discharge planning to patients, families and others.

- Collaborate with an interdisciplinary team of physicians, psychiatrists and other medical providers to develop treatment plans, case management, individual and group therapy, and discharge planning.

### **Colorado State University Challenge Course, Lead Group Facilitator, Fort Collins, CO**

Spring 2010 - Spring 2016

Create group experiences targeted to enable transformation and growth for people, teams, corporate groups and non-profit organizations across Northern Colorado and Wyoming.

- Develop and implement experiential, individualized programming to meet group goals such as

- community building, leadership, group communication, and personal challenge.
- Lead groups in initiatives, relationship building, problem solving, trust building, and adventure activities.
- Facilitated over 135 courses with group sizes ranging from 8 to 140 participants.
- Facilitate substance recovery groups for Larimer Corrections and a local private facility.

**Front Range Community College**, Adjunct Psychology Faculty, Fort Collins, CO

Fall 2012 - Fall 2014

Teaching two Psychology 101, 102, and Abnormal Psychology classes per semester on topics including Neuroscience, Diagnosis, Treatment, Memory, Learning, Stress, Motivation, Emotions, Sensation and Perception, Thinking, Language and Intelligence, Human Development, Personality, Social Psychology, Psychological Disorders, and Therapy.

- Plan course progression with attention to multiple learning styles with periodic evaluation demonstrating responsiveness to student interests and needs.
- Develop experiential activities to provide hands on experience to deepen connections to concepts and enhance learning for students.
- Facilitate in class and online discussions about psychology topics in the media.
- Administer formal and informal assessment to allow students multiple opportunities to demonstrate learning and mastery of topics.

**CSU College of Business Graduate Programs**, Graduate Programs Counselor, Fort Collins, CO

Fall 2010 - Winter 2012

Provide academic advising and counseling to over 1200 residential and online MBA Students helping them overcome life challenges and successfully achieve their educational goals.

**Larimer County Workforce Center**, Workshop Facilitator, Fort Collins, CO

Spring 2010 - Spring 2012

Facilitate career exploration and job search workshops for a nation-leading agency.

- Dynamically presented over 250 hours of career development and job search workshops to help adults with a variety of backgrounds gain self-knowledge and navigate the world of work.
- Utilized Self Directed Search, Values and Motivational Skills card sorts, and other assessments.
- Taught job search, personal marketing, interviewing, and networking to participants.

**CSU Health Network Counseling Services**, Post-Masters Counseling Intern, Fort Collins, CO

Fall 2010 - Summer 2011

Provide mental health counseling as part of an interdisciplinary team through individual counseling and interpersonal process group facilitation.

- Provide clinical services to a caseload of 20 clients with a variety of concerns including depression, anxiety, loss, transitions, relationships, existential questions, and self-fulfillment.
- Collaborate with medical, psychiatric, and other counseling staff to provide integrative care.
- Perform BASICS drug and alcohol screening utilizing Motivational Interviewing to help students gain awareness into their alcohol and drug use and its risk.

- Engaged in additional training and professional development through weekly interpersonal process group seminar and diversity seminar.

**Colorado State University Career Center**, Graduate Assistant Career Counselor, Fort Collins, CO  
Spring 2010

Perform individual career counseling, classroom and group presentations to Colorado State University's population of traditional and non-traditional students.

- Counsel students in self, major, and career exploration, identifying career choices, developing career plan, and discussing strategies to better navigate their life.
- Administered Strong Interest Inventory, Meyers-Briggs Type Indicator, card sorts, and narrative interviewing assessment techniques to assist students with career choice.
- Developed and led four week career group helping participants "Discover What Drives You."
- Organized successful "Resume Rush" event providing individual resume assistance to over 150 students in less than 4 hours to increase student preparedness for the career fair.

**Colorado State University Career Center**, Technology Coordinator, Fort Collins, CO  
Summer 2005 - Winter 2010

Managed technical operations, provided counseling services, and program development.

**Colorado State University**, Upward Bound Instructor, Fort Collins, CO  
Summer 2005

Assessed student needs, developed curriculum, instructed, and tutored at risk high school students to prepare them for success in college.

**Duval County Public Schools**, Teacher, Jacksonville, FL  
Summer 2004 - Summer 2005

Taught middle school Algebra and Pre-Algebra using standards based, student involved curriculum.

## **Professional Credentials and Memberships**

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First Aid and CPR for the Professional Rescuer, 2010-Current

Wilderness First Responder (WFR), May 2015 - Current

Licensed Professional Counselor, State of Colorado, LPC-11179, 2012 - Current

Wilderness Guides Council, 2016 - Present

National Certified Counselor, NCC #269196, 2010 - 2015

American Counseling Association, 2007 - Current

Association for Contextual Behavioral Science, 2013 - Current

Rocky Mountain Association for Contextual Behavioral Science, 2013 - Current  
National Career Development Association, 2007 - 2011

Colorado Counseling Association, 2007 - 2012

Colorado Career Development Association, 2007 - 2012  
Board of Directors, Web Administrator, 2009 - 2011

### **Selected Continuing Education**

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C.G. Jung Institute of Colorado Training Seminar, Fall 2022- Spring 2023

Clinical Supervision Mastery Course: Confidently Address Difficult Issues and Build a Foundation for Success, July 2021

Boulder Jungian Training Seminar (BAJA), 2020-2021

EMDR (Eye Movement Desensitization and Reprocessing) Levels I & II -2014-2015  
Research supported treatment for trauma.

IFS (Internal Family Systems) Online Circle - April 2017-April 2018. Online monthly training community approved for 44 CEUs.

IFS (Internal Family Systems) Step by Step, Psychotherapy Networker Master Class, Fall 2016.

IFS (Internal Family Systems) Inspired Coaching, Fall 2018.

Certified Family Trauma Professional PESI Course, 2017.

Psychodrama, experiential therapy training group, Spring 2017 - Fall 2020.

Psychedelic Science 2017 Conference, Oakland, CA, April 2017.

Certified Family Trauma Professional (CFTP) Online Training (Online Course), 2017.

Intensive Trauma Treatment Course with Bessel van der Kolk (Online Course), 2016.

Dissociative Disorders: What you need to know about successful treatment of complex PTSD and Dissociative Disorders, with EMDR and Without! - 13 Hour EMDRIA Approved Training - 2015.

Attachment and the Dance of Sex: Integrating Couples and Sex Therapy (Digital Seminar), 2020.

Susan Johnson's Emotionally Focused Therapy Master Class: The Essentials of EFT in Action (Online Course), 2019.

Cultural and Historical Traumas: Invisible Barriers to Healing and Change (Digital Seminar), 2018.

Repairing Attachment Trauma: Advanced Approaches for Deep Healing and Post-Traumatic Growth (Online Course), 2017.

Drs. John and Julie Gottman on the 10 Core Principles for Effective Couples Therapy: An Online Certificate Course (Online Course), 2017.

Mindfulness Based Stress Reduction for Teens (MBSR-T) Certification, May 2016-May 2017.

The Body Keeps the Score with Bessel van der Kolk, MD and other presenters from PESI Innovations in Trauma Conference 2014-2015.

Clinical Applications of the Polyvagal Theory with Dr. Stephen Porges (Online Course), 2016.

PTSD 101: Cognitive Behavioral Therapies for PTSD Veterans Administration Course, 2014.

Using DBT for treating Chemical Dependency, 8 hours, 2014.

Speaking of Sex: Integrating Couples and Sex Therapy - PESI, 2016.

Clinical Implications and Applications of the Adult Attachment Interview with Daniel Siegel, MD. PESI, 2014.

Clinical Psychology of Children and Young People, University Of Edinburgh, 2014.

The Addicted Brain, Emory University, 2014.

Applying DBT for Client Wellness and Recovery, 2014.

PCIT for Traumatized Children, 10 hour course in Parent Child Interaction Therapy, 2014.

Using Neurobiology to Understand Why Humans Do What They Do, 2 hours, 2014

Ericksonian Hypnosis 20 hour course with Bill O'Hanlon, 2014.

Matrixworks Group Genius Accelerator, May 2013

Aboriginal Worldviews and Education, University of Toronto, 2013.

Acceptance and Commitment in Psychotherapy (ACT): A Mindful Approach to Rapid Clinical Change. 12 Hours, 2013.

Brainspotting Level One, 2012.

The Treatment of Trauma and The Internal Family Systems Model, 2 Hours, 2012.