

Mind-Heart-Body-World Inventory



INNERLIFE
ADVENTURES

Mind

Current State	Desired State
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Heart/Emotions

Current State	Desired State
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Partnership/Family

Current State	Desired State
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Community/Social

Current State	Desired State
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Body

Current State	Desired State
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Actions/Behaviors

Current State	Desired State
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Spiritual/Nature/Existential

Current State	Desired State
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